

# Information booklet



## 2024 South African Youth and Open National Selection Event

Competition Registrations open from **Wed 14<sup>th</sup> February to Sunday 25<sup>th</sup> February.**

Click to register <https://forms.gle/D1QCnHghJearYpox5>

Parents and Athlete's WhatsApp Group Registration Link:  
<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

**REGISTRATION DEADLINE: Sunday 25<sup>th</sup> February 2024**

### COMPETITION DATES:

<b>SPEED CLIMBING:</b>	<b>Friday 1st March 2024</b>	<b>CityROCK</b>
<b>LEAD CLIMBING:</b>	<b>Saturday 2nd March 2024</b>	<b>CityROCK</b>
<b>BOULDERING:</b>	<b>Sunday 3rd March 2023</b>	<b>Bloc11</b>

Proud Venues:



**BLOC 11**

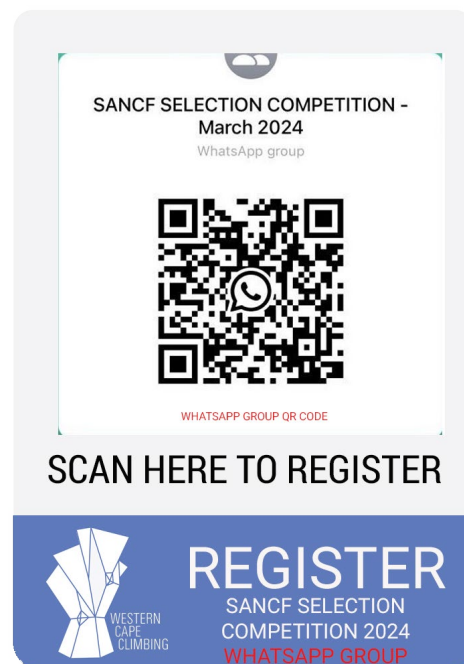
Hosted by: Western Cape Climbing  
Visit [www.westerncapeclimbing.co.za](http://www.westerncapeclimbing.co.za) for details and results:



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# Introduction

Western Cape Climbing welcomes the Provincial athletes to the SANCF National Selection competition.

- **Open Selections**

This event will be used as part of the ranking process for the 2025 IFSC Open Selection of the South African Open Team in conjunction with the September 2025 National Championships.

- **Youth World Championships Selection 2024**

This event will be the primary selection event for the IFSC Youth World Championships in China in 2024.

- **Punctuality:**

Please bear in mind that the competition will run strictly according to a time table. Kindly therefore allow enough time for travel delays.

- **Technical Officials:**

Anyone able to assist as a Technical Official at the event, please contact [secretary@westerncapeclimbing.co.za](mailto:secretary@westerncapeclimbing.co.za) before Friday **23<sup>rd</sup> February 2024**.

# 1. When & Where

The 2024 Youth National Speed Climbing Selection Event will be held on the following day:

- ✓ **Friday 1<sup>st</sup> March 2024 at CityROCK Indoor Climbing Gym, Paarden Eiland, Cape Town – From 14:00**

**The address for CityROCK is:** 9 Milner Street, Unit 5 Table Bay Industrial Estate, Paarden Eiland, Cape Town. For more information, please visit their website <http://cityrock.co.za/capetown/>. Refer to the map below or use the following link <http://bit.ly/2CXEkAb>.

- **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

Adult Athletes and Spectators: -

<https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes - <https://waiver.smartwaiver.com/v/cityrockminor/>

- **Technical Meeting**

CityROCK Indoor Climbing Gym, Paarden Eiland. Friday 1<sup>st</sup> March during the Speed Competition.

The following individuals should be in attendance:

1. WCC Manco
2. SANCF Manco
3. Provincial Manco reps
4. Team management and coaches
5. Headsetters from both venues

- **Prize Giving**

Friday 1<sup>st</sup> March 2024 at 20:00 at CityROCK.

The 2024 Youth National Lead Climbing Selection Event will be held on the following day:

- ✓ **Saturday 2<sup>nd</sup> March 2024 at CityROCK Indoor Climbing Gym, Paarden Eiland, Cape Town**

**The address for CityROCK is:** 9 Milner Street, Unit 5 Table Bay Industrial Estate, Paarden Eiland, Cape Town. For more information, please visit their website <http://cityrock.co.za/capetown/>. Refer to the map below or use the following link <http://bit.ly/2CXEkAb>.

- **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

Adult Athletes and Spectators: -

<https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes - <https://waiver.smartwaiver.com/v/cityrockminor/>

- **Technical Meeting**

CityROCK Indoor Climbing Gym, Paarden Eiland. Friday 1<sup>st</sup> March after the Speed Competition.

The following individuals should be in attendance:

1. WCC Manco
2. SANCF Manco
3. Provincial Manco reps
4. Team management and coaches
5. Headsetters from both venues

- **Prize Giving**

Saturday 2<sup>nd</sup> March 2024 at CityROCK. There will be 2 prizegiving rounds. One after Youth C(U13), Youth B(U15) – 12:30 and then at the end of the day for the rest 17:30

The 2024 National Youth Bouldering Competition will be held on the following day:

- ✓ **Sunday 3<sup>rd</sup> March 2024 at Bloc 11, Diepriver, Cape Town**

**The address for Bloc 11 is:** 23 Estmil Rd, Elfindale, Cape Town, 7800. For more information, please visit their website <https://bloc11.co.za>

Refer to the map below or use the following link:

<https://goo.gl/maps/Dsjaxk3usg9k32iC9>

- **Waiver**

The Bloc11 Waiver document must be completed online prior to the event at

[https://promos.itsityonline.com/91/FindoutmoreaboutBloc11?utm\\_source=reception&utm\\_medium=&utm\\_campaign=findoutmoreaboutbloc11&utm\\_content=campaign\\_91&source=97](https://promos.itsityonline.com/91/FindoutmoreaboutBloc11?utm_source=reception&utm_medium=&utm_campaign=findoutmoreaboutbloc11&utm_content=campaign_91&source=97)

- **Technical Meeting**

Boulder – Friday 1<sup>st</sup> March – evening @ CityROCK after the speed competition.

- **Prize Giving**

Sunday 27 March 2022 – Time: **13:45** at Bloc 11 – for U13, U15

Sunday 27 March 2022 – Time: **17:30** at Bloc 11 – for U17, U19, Seniors and OPEN.

## 2. Age groups, Disciplines and number of Athletes for National Competitions

Provinces are requested to please send names and the category under which each will be participating to [secretary@westerncapeclimbing.co.za](mailto:secretary@westerncapeclimbing.co.za) by **Wednesday 14<sup>th</sup> February 2024**.

### Number of Athletes:

Five (5) provincial athletes per age category, per gender, per discipline are allowed.

### Age/Gender Categories (All Disciplines)

- Senior Male
- Senior Female
- Junior (U19) Male
- Junior (U19) Female
- Youth A (U17) Male
- Youth A (U17) Female
- Youth B (U15) Male
- Youth B (U15) Female
- Youth C (U13) Male
- Youth C (U13) Female

### **IFSC AGE GROUP CATEGORIES FOR 2024**

	YEAR OF COMP	<b>2024</b>	
Date Range			
<b>Senior</b>	<b>Senior</b>	-	2004
<b>Youth</b>	<b>Junior</b>	2005	2006
<b>Youth</b>	<b>A</b>	2007	2008
<b>Youth</b>	<b>B</b>	2009	2010
<b>Youth</b>	<b>C</b>	2011	2012

This is the excerpt from the IFSC 2024 RULES

- “
- a) Youth B: competitors born either 14 or 15 years before the year of the competition;
  - b) Youth A: competitors born either 16 or 17 years before the year of the competition;
  - c) Juniors: competitors born either 18 or 19 years before the year of the competition.”

Competition Registrations open from **Wed 14<sup>th</sup> February to Sunday 25<sup>th</sup> February**.

Click to register <https://forms.gle/D1QCnHghJearYpox5>

### 3. Structure of events – Event Format

#### Rules:

Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. Anyone with further questions is welcome to discuss with the Jury President of the competition, who will be the final arbiter, and clarify any rules issues. For this competition the **Jury President** will be **Chris Naude**

#### Format for Speed:

- There will be two practice runs prior to the main event. These two practice runs will **NOT** be timed and are optional.
- Each Athlete will have two (2) timed speed runs. The athlete's fastest time will be used to determine final ranking.
- Only one lane is available so no racing will occur.
- The individual competitor will be called to climb at the appropriate time. The competitor must have his shoes and harness on and have his chalk.
- The starting order will be randomized for the first climb and climbers will climb in the same order thereafter for their second timed run.
- If a competitor falls they will not be disqualified from the event but will be given the maximum time for that run.
- If any 1st placed Final competitors remain tied following the above. The slower of the two runs will be compared.

#### Format for Lead:

- a. Two routes will be climbed by each category and the new IFSC numerical scoring method will be applied.
  - i. This will be used to determine the final ranking of the Youth C and B athletes.
  - ii. This will be used to determine those climbers in the OPEN category who will progress to the final
  - iii. These routes will be Flash format. Videos of the routes will be sent out to all athletes prior to the event and made available to view in the isolation zone. Athletes will be kept in the isolation and call zones during their round and will not be permitted to watch each other.
  - iv. Tied results for this round will result in a superfinal to confirm ranking for top 3 / podium places.
  - v. All age groups will be separated out for Youth A(U17) and Junior(U19) from the OPEN category for the selection for the Youth World Championships team. Age group ranking placement (Youth A and Junior) will be firstly based on their positions achieved in Finals followed by their placement in the qualifying round.
  - vi. The Senior age group will also be separated out for the podium. OPEN age group podiums will be Youth A, Junior and Senior.
- b. The top eight (8) climbers in the OPEN category (Youth A, Junior and Seniors) will climb a final route.

- i. The final will determine the ranking of those athletes, whereafter the ranking from the qualifiers will be applied for each category.
  - ii. The final route will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being confined to isolation. The route will not be demonstrated, and they will not be allowed to watch anyone climb the routes nor share information about the route.
  - iii. Tied results will be resolved by the rollback to qualifiers and thereafter time to complete the final route.
- c. The start orders will be in a randomised order.
  - d. The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have his shoes and harness on and have their chalk. The Competitor must already be tied in and have been checked by his belayer and be accompanied by their belayer to the route. The competitor will have 30 seconds to view the route immediately before their climb.
  - e. The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen.
  - f. Climbers have only one attempt per route and have a maximum of six (6) minutes per route after which they will be called down.
  - g. The score on each route is judged by the highest hold that is reached and controlled.

### **Format for Boulder:**

- a. For Youth C (U13), Youth B(U15) and the OPEN (Youth A(U17), Junior(U19) and Senior (19+)) There will be 2 rounds of 3 boulders (so a total of 6 boulders) (each boulder will have 2 zones). Six (6) boulder problems will be climbed by each category and the total scores from all six problems will be used to determine the winners. Standard IFSC scoring using points will be used. (First zone gets 5 points, second zone gets 10 points and a top will give you 25 points. – For each attempt you will have 0.1 points deducted.)
- b. It is a Flash competition so each athlete will have 4 minutes per boulder problem (there will be a 15 second admin time built-into the system, with a 4-minute rest period between climbs. With a full viewing of all boulders in a period before all climbing starts – 2 minutes per boulder so a maximum of 12 minutes for all athletes.
- c. The competitor must establish on the starting holds of each problem before commencing their attempt. The competitor must establish on the starting holds of each problem before commencing their attempt, as per 2024 IFSC Rules.
- d. The attempt will be considered started the moment both feet leave the floor and will be deemed completed when the climber has topped the problem or fallen.
- e. Starting order will be randomised.
- f. A 2-minute viewing per problem will be held before the start of each category's round.



- g. Climbers may not ask about beta. Climbers may only touch the marked starting holds during the viewing period. No other holds may be touched and feet may not leave the ground.
- h. Scores are numerical according to the IFSC scoring system. The value is calculated according to:
  - 25 points for a top
  - 10 point for the second zone (high zone);
  - 5 point for the fist zone (low zone) and
  - 0.1 will be deducted for each attempt.
- i. No score shall be awarded for a “touched” hold. A zone hold must be used by the climber in order to maintain a stable position. Only use of hands on the zone hold are valid for a zone point.
- j. If any podium placed Final competitors remain tied following the above, they will be required to climb a super final.
- k. All final rankings will be determined by this single round of 6 boulders.

### **COMPETITION RULES:**

- Upon entry into isolation, phones will be taken and placed into a box. These can be retrieved once the athlete has completed their climbing round.
- Only registered officials will be allowed into the isolation zone, this will include (with good reasons);
  - National Selection Event officials
    - Jury President
    - Chief scorer
    - Headsetters
  - Volunteers whose duties relate to isolation matters.
    - Isolation manager
    - Isolation stewards and runners
    - Registration volunteers
  - Coaches, team managers, medical personnel pre-registered by the provinces.
    - These individuals may only be permitted to enter with a valid reason deemed valid by the isolation manager.
    - They may be required to be escorted by an isolation steward or selection event official while in isolation to ensure fairness to all athletes.
    - Should coaches wish to work with their team members for warm up, they are permitted to do so, however, once they have left the isolation zone and watched the climbing round, they will only be permitted back in the space in the presence of an isolation steward or selection event official.

## 4. Costs and payment

**All competitors MUST register via their province with SANCF prior to entering the competition.**

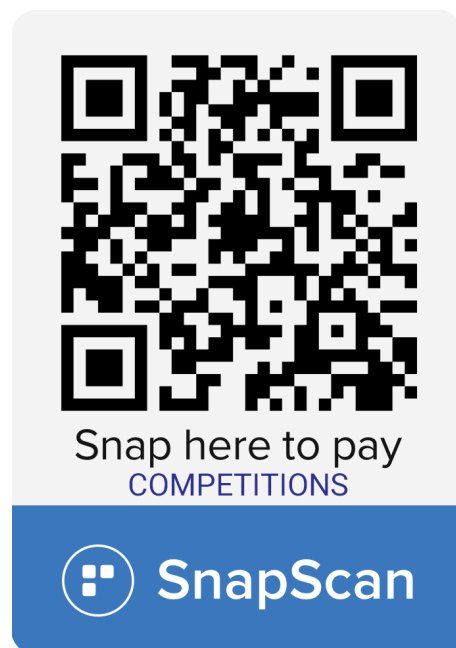
1. All athletes must register on the WCC Google Form.
2. All athletes must pay WCC directly using the various payment options given.

### **Fees:**

- **R500 for First Discipline**
- **R750 for two or three Disciplines**
- All competitors must be registered and paid-up members of SANCF and have a valid **SANCF Competition license**. – Provincial management please ensure that we have the list of selected competitors timeously.

### **SnapLink for Snapscan, Credit Card or EFT payments:**

[https://pos.snapscan.io/qr/wcc\\_comp](https://pos.snapscan.io/qr/wcc_comp)



## Payment:

- All Provinces must send their [approved athletes list](#) to WCC by **14th February 2024**. WCC will ensure that all registered athletes are correctly registered as per the listing that the PROVINCES send to us to ensure that all athletes are legitimate when registering.
  - Fees are payable to Western Cape Climbing directly – EFT / SNAPSCAN.
  - Athletes must register and make payment no later than **midnight on Sunday 25<sup>th</sup> February 2024**.
  - Western Cape Climbing Bank Account below.  
**Western Cape Climbing**  
First National Bank  
Branch Number: **204209**  
Branch: Cavendish  
Account Number: **62380592652**  
Account Type: Cheque Account  
**Please list your First Name, Surname & province as a reference on the deposit slip**
- Kindly email the proof of payment to [accounts@westerncapeclimbing.co.za](mailto:accounts@westerncapeclimbing.co.za)
- The above fee includes medals, trophies, venue hire as well as the costs associated with the setting and organization of the competition.

## 5. Timetable

*We will be doing pre-registration on Friday 1<sup>st</sup> March from 16:00 – 18:00 @ CityROCK.*

*You will receive your registration number and climbing time slots at registration.*

*If you are unable to do pre-registration there will be a registration table at the venue. Then you will be required to register at the registration times given on the final timetable.*

*If you register prior to the event, you will be to be in isolation 5 minutes before the briefing. **Isolation will close 5 minutes prior to your briefing time.***

*If you are only competing in one discipline you need only register at the specified registration time for your age group of that discipline.*

Friday - SPEED – Register at CityROCK

Saturday – LEAD – Register at CityROCK

Sunday - BOULDER – Register at Bloc11 South

**Here are the updated FINAL timetable for the competition. These times are subject to change. The new timetables will be circulated VIA the WhatsApp Group. Please ensure that you join the group with the link given. –**

<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

**FRIDAY 1<sup>ST</sup> MARCH 2024: CITYROCK CLIMBING GYM LEAD AND SPEED EVENT**

Action	Time
<b><u>Speed Climbing - All Categories</u></b>	

**FINAL TIME TABLE SPEED**

			START	DURATION	END
REGISTRATION	YOUTH - U13 + U15	PRACTICE RUN #1	14:15:00	00:45:00	15:00:00
<b>14:00:00</b>		PRACTICE RUN # 2	15:00:00	00:45:00	15:45:00
BRIEFING		SPEED ROUTE #1	15:45:00	00:45:00	16:30:00
<b>14:10:00</b>		SPEED ROUTE #2	16:30:00	00:45:00	17:15:00
REGISTRATION	OPEN - U17+U19+Senior	PRACTICE RUN #1	17:15:00	00:42:00	17:57:00
<b>16:00:00</b>		PRACTICE RUN # 2	17:57:00	00:42:00	18:39:00
BRIEFING		SPEED ROUTE #1	18:39:00	00:42:00	19:21:00
<b>16:30:00</b>		SPEED ROUTE #2	19:21:00	00:42:00	20:03:00

<b>SPEED PRIZE GIVING</b>	<b>20:00:00</b>
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**3 mins**

**Practice Runs – 2 per athlete - optional.  
Practice Runs – 2 timed per athlete.**

There will only be one speed lane available.  
Warmup needs to be completed by: 14:15 for U13/U15  
All athletes will run their first practice run in a randomized order (and remain in that order for the rest of the session).  
Youth (U13 + U15) will run together followed by the OPEN age group.  
Females will run first followed by males in that Age group.  
Athletes will not have to complete both practice runs – That is according to the athlete’s own discretion. Please ensure that the chief scorer is aware of your choices timeously to ensure that event continues smoothly.

***The above times are approximate, and competitors should always arrive early.  
There has been a huge increase in speed athletes, so the timing has changed drastically from the previous schedule.  
Please let me know if you have an issue with the times if you are an out-of-town athlete and are flying into Cape Town later than these times.  
We will be accommodating of changes in Speed due to this issue.***

## SATURDAY 2<sup>nd</sup> MARCH 2024: CITYROCK CLIMBING GYM - LEAD EVENT

### FINAL TIME TABLE LEAD

TIMETABLE - SATURDAY 2 MARCH 2024 - LEAD						
U13 / U15				START	FINISH	DURATION
REGISTRATION	ROUTE 1	GROUP 1	U13 MALE	08:45:00	09:51:00	01:06:00
07:30:00		GROUP 2	U13 FEMALE	08:45:00	09:21:00	00:36:00
BRIEFING		GROUP 3	U15 MALE	08:45:00	09:51:00	01:06:00
07:50:00		GROUP 4	U15 FEMALE	08:45:00	09:57:00	01:12:00
WARMUP		GROUP 5	OPEN MALE	10:30:00	13:06:00	02:36:00
08:00:00		GROUP 6	OPEN FEMALE	10:30:00	12:00:00	01:30:00
VIEWING				START	FINISH	DURATION
08:30:00	ROUTE 2	GROUP 1	U13 MALE	10:15:00	11:21:00	01:06:00
START TIME		GROUP 2	U13 FEMALE	10:15:00	10:51:00	00:36:00
08:45:00		GROUP 3	U15 MALE	10:15:00	11:21:00	01:06:00
		GROUP 4	U15 FEMALE	10:15:00	11:27:00	01:12:00
<b>U17-SENIOR</b>		GROUP 5	OPEN MALE	12:30:00	15:06:00	02:36:00
REGISTRATION		GROUP 6	OPEN FEMALE	12:30:00	14:00:00	01:30:00
09:05:00				55 minutes rest break		
BRIEFING	FINAL ROUTE	GROUP 5	OPEN MALE	16:00:00	16:48:00	00:48:00
09:35:00		GROUP 6	OPEN FEMALE	16:00:00	16:48:00	00:48:00
WARMUP						
09:45:00						
VIEWING	LEAD PRIZE GIVING - U13/U15		12:30:00			
10:15:00						
START TIME	LEAD PRIZE GIVING		17:30:00			
10:30:00						

For U13 and U15 Lead - Isolation closes at 07:45 – Briefing at 07:50

For OPEN (U17/U19/Senior) - Isolation closes at 09:30 – Briefing at 09:35

### **Female and Male OPEN Group – (U17 / U19 and Senior ) - FINALS**

***Eight (8) Athletes competing from the Youth A, Junior and Senior = OPEN category***

Isolation closes at 15:30

16:00 - 16:00

Viewing

15:50 – 16:00

**Lead Climbing - Finals**

16:00 - 17:00

**Prize Giving – OPEN**

**17:30 - 18:00**

***The above times are approximate and competitors should always arrive early.***

## SUNDAY 3<sup>rd</sup> MARCH 2024: BLOC 11 (Diep River) – BOULDER EVENT

### FINAL BOULDER TIMETABLE

#### TIMETABLE - SANCF SELECTIONS - BOULDER - SUNDAY 03 MARCH 2024 - BLOC11 DIEPRIVER

AGE GROUP	TOTAL TIME	REGISTRATION	BRIEFING	WARMUP	VIEWING	START	FINISH	DURATION	
U13 M - C - R1	00:56:00	07:30:00	08:00:00	08:15:00	09:00:00	09:15:00	10:11:00	00:56:00	MORNING SESSION 1 9 Judges + 9 scorers
U13 F - C - R1	00:56:00	07:30:00	08:00:00	08:15:00	09:00:00	09:15:00	10:11:00	00:56:00	
U13 M - C - R2	00:56:00					10:16:00	11:12:00	00:56:00	
U13 F - C - R2	00:56:00					10:16:00	11:12:00	00:56:00	
U15 M - B - R1	00:56:00	09:45:00	10:15:00	10:30:00	11:15:00	11:30:00	12:26:00	00:56:00	MORNING SESSION 2 12 judges + 12 scorers
U15 F - B - R1	00:56:00	09:45:00	10:15:00	10:30:00	11:30:00	11:30:00	12:26:00	00:56:00	
U15 M - B - R2	00:56:00					12:31:00	13:27:00	00:56:00	
U15 F - B - R2	00:56:00					12:31:00	13:27:00	00:56:00	
<b>U13</b>									
Athlete 1-15 start B1 ; Athlete 16-29 Start B4 Start at :		09:15:00	Split Male - Field in half - Gr1 = B1-B3; Gr2 = B4-B6 - Female no split						
Athlete 1-15 Start B4 ; Athlete 16-29 Start B1 Start at :		10:16:00	6 male + 3 female boulders simultaneously						
								JUNIOR PRIZE GIVING	13:45:00
<b>U15</b>									
Athlete 1-15 start B1 ; Athlete 16-29 Start B4 Start at :		11:30:00	Split Male and female Field in half - Gr1 = B1-B3; Gr2 = B4-B6						
Athlete 1-15 Start B4 ; Athlete 16-29 Start B1 Start at :		12:31:00	6 male + 6 female boulders simultaneously						
Athletes will have an individual break of 35 minutes between their 2 rounds									
U17 - OPEN - M - R1	01:35:00	12:30:00	13:00:00	13:15:00	14:00:00	14:15:00	15:50:00	01:35:00	AFTERNOON O-ROUND 1
U17 - OPEN - F - R1	01:35:00	12:30:00	13:00:00	13:15:00	14:00:00	14:15:00	15:50:00	01:35:00	
U17 - OPEN - M - R2	01:35:00					15:50:00	17:25:00	01:35:00	AFTERNOON O-ROUND 2
U17 - OPEN - F - R2	01:35:00					15:50:00	17:25:00	01:35:00	
<b>U13 and U15 Prize Giving</b>									
Athlete 1-15 start B1 ; Athlete 16-29 Start B4 Start at :		14:15:00	Split Male - Field in half - Gr1 = B1-B3; Gr2 = B4-B6						
Athlete 1-15 Start B4 ; Athlete 16-29 Start B1 Start at :		15:50:00	6 male + 3 female boulders simultaneously						
								PRIZE GIVING	18:00:00
Athletes will have an individual break of 60 minutes between their 2 rounds									

### Action

### Time

#### **Male Youth C, Female Youth C (U13)**

Registration & Bib Distribution – unless completed	07:30 - 08:00
Introduction & briefing - <span style="color: red;">Isolation closes at 07:55</span>	08:00 - 08:15
Warmup	08:15 - 09:00
Viewing	09:00 - 09:15
<b>Bouldering – 6 problems per category</b>	<b>09:15 - 11:15</b>

Males will be split into to two groups. Females will not

Group 1 will climb B1-B3 while

Group 2 climbs B4-B6

They will then switch over and

Group 1 will climb B4-B6 while

Group 2 climbs B1-B3

Tea Break

#### **Male Youth B & Female Youth B (U15)**

Registration & Bib Distribution – unless completed	09:45 – 10:15
Introduction & briefing - <span style="color: red;">Isolation closes at 10:10</span>	10:15 – 10:30
Warmup	10:30 - 11:15
Viewing	11:15 – 11:30
<b>Bouldering – 6 problems per category</b>	<b>11:30 – 13:30</b>

#### **U13 and U15 Prize Giving**

**13:45 – 14:10**

#### **Lunch Break – Judges (30 minutes)**

**13:30 to 14:00**

**Female and Male OPEN Group – (Youth A/Junior & Senior)**

Registration & Bib Distribution – unless completed	12:30 - 13:00
Introduction & briefing - <b>Isolation closes at 12:55</b>	13:00 - 13:15
Warmup	13:15 - 14:00
Viewing of Boulder Problems	14:00 - 14:15
<b>Bouldering – 6 problems</b>	14:15 - 17:30
<b>Prize Giving</b>	<b>18:00 - 18:30</b>

***The above times are approximate, and competitors should always arrive early.***

***Open Athletes - please do not book flights earlier than 21:00 departure, no guarantees on final finish time can be given.***

## 6. What to Wear

- All athletes must wear their provincial vest or shirt.
- Athletes are to bring their **own gear** including chalk, shoes and harness (and helmet).
- For the Lead event athletes **must** bring their own rope. We will have some WCC ropes available for use for out-of-towners. ALL WCC athletes must bring their own ropes.
- The competition bib including the number provided at registration should be displayed clearly on the back of the vest or shirt.
- Please introduce yourself to your judge to confirm identification.

## 7. Volunteers

The success of the event is dependant on assistance from volunteers; should you be able to volunteer as a scorer, judge, runner or spotter, please complete the volunteer google form by no later than 25<sup>th</sup> February 2024.

Please can we make use of qualified volunteers from other provinces. It really helps.

LINK: <https://forms.gle/PpmpBjeNHCn1j3vq6>

## 8. Refreshments at competition venue

Refreshments will be available at both venues. Competitors are advised to bring their own food and drinks, especially whilst in isolation. Lunch will be provided for the volunteers. Bloc11 will have a festival type vibe in an external tent. CityROCK Cape Town has Vida e Caffè to purchase food and drinks.

## 9. Prize Giving

### Speed Event:

Prize Giving will take place on Friday 1<sup>st</sup> March 2024

- All Categories at 20:00

### Lead and Speed Event:

Prize Giving will take place on Saturday 2<sup>nd</sup> March 2024

- Youth C and Youth B at 12:30
- Youth A – Seniors at 17:30 @ CityROCK Climbing Gym.

### Boulder Event:

Prize Giving will take place on Sunday 3<sup>rd</sup> March 2024 at

- Youth C, Youth B at 13:15 – Bloc11
- Youth A, Juniors, Seniors and OPEN - 17:30 –at Bloc 11.

## 10. Video Recording

There will be no official video recordings taken at this event. Should an athlete feel that they may be required to lodge an appeal at any stage of the competition the onus will be on that athlete to ensure that a friend or family member has recorded their climb.



## **11. Photography and social media**

Photographs taken by the organisers and spectators may be posted on social media accounts of the organisers. This permission / waiver will be included in the competition registration form.

## **12. Contact details**

**Geoffrey Meyer – WCC Secretary – Chief Scorer**

082 882 8281

[secretary@westerncapeclimbing.co.za](mailto:secretary@westerncapeclimbing.co.za)

**Christopher Naudé – SANCF President – Jury President**

063 538 4516

[chris@westerncapeclimbing.co.za](mailto:chris@westerncapeclimbing.co.za)

**Rolf Fitschen – WCC President**

083 414 1819

[president@westerncapeclimbing.co.za](mailto:president@westerncapeclimbing.co.za)

**Carike Pepler – WCC Treasurer**

083 275 2788

[accounts@westerncapeclimbing.co.za](mailto:accounts@westerncapeclimbing.co.za)

**Zoe Donald – WCC Volunteer Rangler**

082 369 3266

[zoe.donald@me.com](mailto:zoe.donald@me.com)

## **13. Technical Incidents**

It is the competitors' responsibility to be familiar with the definitions of technical incidents should they be in a position to call for one. A technical incident is defined as any occurrence that results in a disadvantage or unfair advantage to a competitor, which is not the result of an action on the part of the competitor, called by the competitor and confirmed by the judge, and may allow the climber to make another attempt. Examples are a loose or broken hold, or a tight rope which either assists or hinders a competitor. The confirmation or non-confirmation of a technical incident shall be made by the Jury President in consultation with the Chief Route Setter and Technical Delegate.

## 14. Appeals Process

An appeal concerning any competitor must be made within five (5) minutes of the publication of the official results, in writing on an appeal form, available from the event organiser, along with a fee of R200. Should the appeal be upheld, the competitor will be entitled to a refund of R200.

Any appeal will be considered by an appeal committee. The Appeal Committee comprises the Jury President, the Chief Route Setter, the Chief Scorer and the Technical Delegate. The decision of the appeals committee is final.

## 15. Anti-Doping

The SANCF is affiliated to both the International Federation of Sport Climbing (IFSC) and South African Sports Council and Olympic Committee (SASCOC) in terms of which the SANCF has adopted the World Anti-Doping Agency (WADA) Code. The code applies to all competitions held under the auspices of the SANCF and its members and all competitors, coaches, trainers and officials have deemed to have agreed to comply with the code and are fully aware of the list of prohibited substances and medication and confirm they have not taken any of these substances. Please refer to [www.wada-ama.org](http://www.wada-ama.org) in this regard. Doping violations will be dealt with in accordance with the IFSC Anti-Doping policy and procedure. Please be advised that randomised testing may be conducted during the competition.

## 16. Documentation

This Information Brochure is to be read in conjunction with the following documents, and the onus is on the athlete to familiarise him or herself with the prescribed regulations:

- SANCF Athlete Registration and Entry Form
- SANCF Athletes Code of Conduct
- SANCF Parents Code of Conduct
- SANCF Anti-Doping Policy
- SANCF Indemnity Form
- SANCF Athlete Selection Policy

## 17. Summary – what you must do!

### **Item Due date:**

- ✓ Finalize final provincial team list and send the finalized list to WCC by **midnight 14<sup>th</sup> February 2024 after which athlete registration will open.**
- ✓ Each Athlete to register on – <https://forms.gle/D1QCnHghJearYpox5> by midnight 25<sup>th</sup> February 2024.
- ✓ Signup for the Athlete/Parent WhatsApp Group to obtain crucial information easily from the organisers:  
<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>
- ✓ Signup to Volunteer - <https://forms.gle/PpmpBjeNHCn1j3vq6>
- ✓ Complete both online waivers –

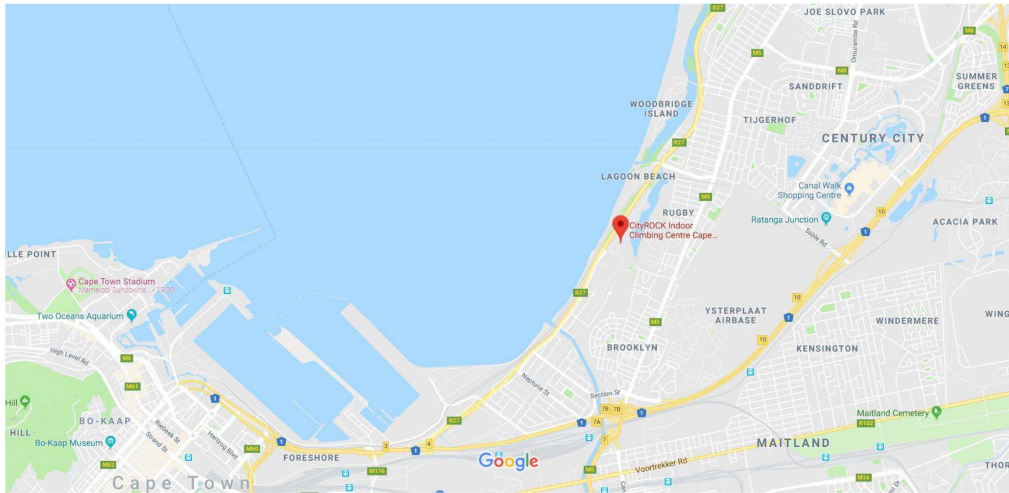
- CityROCK –
  - 1. Parent / Minor <https://waiver.smartwaiver.com/v/cityrockminor/>
  - 2. Adult Waiver - <https://waiver.smartwaiver.com/v/cityrockadult/>
  - Bloc11 - Waiver  
([https://promos.itensityonline.com/91/FindoutmoreaboutBloc11?utm\\_source=reception&utm\\_medium=&utm\\_campaign=findoutmoreaboutbloc11&utm\\_content=campain\\_91&source=97](https://promos.itensityonline.com/91/FindoutmoreaboutBloc11?utm_source=reception&utm_medium=&utm_campaign=findoutmoreaboutbloc11&utm_content=campain_91&source=97))
- ✓ Pitch up at pre-registration on Friday (1<sup>st</sup> March) @ 14:00 – 18:00 at City ROCK
  - ✓ *SPEED Climbers will be able to do a supervised run on the Cape Town Speed wall from 13:00 – 13:30 on Friday 1<sup>st</sup> March 2024.*
  - ✓ If not pre-registered arrive at your age groups allocation registration time on the day of the competition. Friday 1<sup>st</sup> March 2024 at CityROCK Paarden Eiland for SPEED; Saturday 2<sup>nd</sup> March 2024 at CityROCK Paarden Eiland for LEAD and Sunday 3<sup>rd</sup> March @ Bloc11 Paarden Eiland for BOULDER
  - ✓ Arrive on 1/2/3 March 2024 at your allocated time above for the Competition if pre-registered. ***Isolation will close 5 minutes before your Age Group's briefing.***

## 18. Legal Disclaimer

All climbing related activities are completely at your own risk. The organizers, WCC, SANCF, the sponsors and venue owners accept no responsibility for any losses, injury or death. All participating climbers, helpers, organizers and spectators take full responsibility for themselves.

# 19. Attachments

## ❖ Map to CityROCK



## ❖ Map to Bloc 11

