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JUNIOR COMPETITION FORMAT

BOULDER

The Boulder competition includes 15 qualifying boulders that will be climbed over 2.5 hours. You will be able to climb any boulder in any order, so you will be able to climb with your friends. You will be able to learn the BETA from stronger climbers by talking to them and watching them climb. You will NOT be allowed to give BETA (climbing tips) to any climber who is currently on the wall. They need to figure it out on their own while climbing. They can get help once off the boulder.

We will also be putting the climbers into teams – this will be done by the coaches so as to ensure that the teams are as closely matched as possible. So you will be climbing for both yourself and your team!!!

Winners of each age group will be announced as well as the winning team and then the finalists will be announced.

The Top 8 male and female athletes will go through to a 3-boulder final. Male and Female boulders will happen simultaneously. Each boulder will be completed fully before moving on to the next boulder. This means that all 8 climbers will complete the first problem (boulder) before moving on to the next problem. There will be a period of 20 minutes for each boulder. The athletes will take turns on each boulder. If you complete the boulder, you will be able to rest. If you do not complete the boulder you will go to the back of the line and wait for your next turn.

LEAD/TOP ROPE

The lead and top rope competition offers an exciting opportunity for climbers to showcase their skills on a challenging set of qualifying routes. Participants will have the chance to conquer six distinct routes over the course of three hours. One of the key features of this competition is the freedom climbers have to tackle the routes in any order they choose, allowing them to strategize based on their strengths and preferences.

Each route is designed with specific point markings at intervals of 5, 10, 15, 20, and 25 points. Participants will earn points based on the highest mark they reach during their attempt, thereby incentivizing climbers to push their limits. However, climbers are allowed only one attempt at each route, promoting a focused and determined effort on each climb. It's important to note that climbers are not permitted to "take" a route, meaning they cannot pause or rest on the hold while climbing. If a climber finds themselves unable to continue—whether due to fatigue or difficulty—they will be lowered from the wall, and their achieved score will be recorded up to that point.

During their attempts, climbers must navigate without any external assistance, as no BETA (climbing cues or tips) will be allowed from parents, friends, or coaches while they are on the wall. Each climbing route will be monitored by an allocated judge or scorer, ensuring accurate assessment of performance and points earned. To further support the climbers, belayers will be provided by Western Cape Climbing, enhancing the safety and experience of the event. However, athletes competing in the lead climbing discipline are required to bring their own ropes.



In addition to the competitive individual climbing, participants will have the opportunity to watch and support their friends as they take on their own climbing challenges. This aspect of the competition fosters a sense of community and encouragement among climbers.

To enhance the competitive experience further, climbers will be divided into teams. Coaches will meticulously form these teams to ensure a balanced competition, taking into account the unique skills and abilities of each athlete. This format not only promotes individual achievement but also underscores the importance of teamwork and collective success throughout the event.

As the competition unfolds, winners will be announced for each age group, recognizing the achievements of individuals, as well as the overall winning team. Additionally, the event will celebrate the finalists, shining a spotlight on the top competitors in the competition.

The culmination of the competition will feature an exciting single route final that involves both genders, incorporating both lead and top rope disciplines. The top 8 male and female athletes from each category will face off in this final round, showcasing their skills in a climactic competition setting.

Overall, this competition format is designed to promote skill development, competitive spirit, and a sense of community within the climbing culture. By encouraging participants to learn from each other and strive for personal excellence while working towards team success, the event aims to create a positive and enriching environment for all climbers involved.

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