Information booklet



2024 OPEN – INTERVARSITY AND LEGENDS SOCIAL COMPETITION



Register at

https://forms.gle/vkkAfCW6w6tpyBoy9

Saturday 27th April 2024 – Lead - CityROCK Sunday 28th April 2024 – Boulder - Bloc 11 Diep River

Hosted by: Western Cape Climbing

Introduction

Western Cape Climbing welcomes all University Students (beginners and advanced climbers) to join into a fun social climbing event. We have 4 hours each day to complete as many routes as you choose of the competition list.

We have also included a Legends category – this is to introduce climbers over the age of 30+ to also enjoy a social climbing event.

We have also included the 16+ age group to compete.

Each age group will have their own podium. There will be NO isolation. You can watch and help your friends climb.

There will be a final on both days – this will be the best athletes (6 men and 6 woman from all the categories for LEAD and BOULDER) from all the categories and it will be an **exhibition** of the level of climbing that the Western Cape has achieved.

Please stay and watch the

Category	Description
Student - SOCIAL (not	This is a beginner climber who can climb anything up
serious)	to a grade 21 lead climb
Student - Serious	Can climb anything over a 21.
Legends / Masters (30+)	
Open	Anybody else who want to have a great time and
	doesn't fit in the other three categories.

1. When & Where

LEAD:

- Saturday 27th April 2024 at CityROCK, Paarden Eiland.
- Starting Time: 09:00 13:00 8 routes 4 top routes will be scored.
- Finals: Top 8 women and Top 8 men at 13:30.
- Lead Climbers are required to have a CityROCK Lead Licence.

CityROCK Waiver

All Athletes and spectators must sign the CityROCK waiver.

ADULT LINK: https://waiver.smartwaiver.com/v/cityrockadult/

MINOR LINK: https://waiver.smartwaiver.com/v/cityrockminor/

BOULDER:

- Sunday 28th April 2024 at Bloc 11, Diep River
- Starting time: 09:00 13:00 (4 hours)

- 20 Boulder routes ranging from easy to hard.
- Finals: Top 6 women and men at 13:30.

<u>The address for Bloc 11 is</u>: 18 Auckland Street, Paarden Eiland, Cape Town, 7800. For more information, please visit their website https://bloc11.co.za https://maps.app.goo.gl/sVQe5ywcTf4gnHyV8

2. Format

Format for Lead:

- > There will be **8 routes** for this event.
- > You will have **4 hours** to complete all your routes.
- > **NO** isolation.
- > Males and Females will climb the same routes.
- Climb as many as you would like to/ are able to.
- Scoring will be self-scoring using the CityROCK Google Form.
- > You will need **fill out and submit the online scoresheet by 13:00** to be considered for the finals.
- > To accommodate many climbers, this is a **FLASH competition**; that means you have **one attempt on each route** and once you fall off you must **come down and untie immediately** so that the next competitor can have their turn.
- Competitors can climb and submit scores for as many routes as they wish, but only the top 4 routes will be counted towards the final scores.
- > The **8 men and 8 women with the highest scores** in the qualification round will progress to the finals from any of the categories.
- ➤ The qualification routes are **numbered 1 to 8**, with 1 being the easiest and 8 being the hardest. Each route has a **designated score that increases with difficulty**, i.e. you will get more points for sending route 10 than for sending route
- Each route will have 4 marked zone holds (numbered 5, 10, 15 & 20) and a top hold / tape block marked with a "25" tag.
- ➤ If you cannot top the route, you will receive a **score based on the last zone hold you established** (e.g. if you fall off between the number 10 and number 15
 zone holds, you score 10 for that route).
- > Topping the route will score you maximum points. The **chains must be clipped** to receive the "Top" points.
- > Podiums (with prizes) will be awarded for ALL of the categories.

FINALS

- There will be a final route for Females and a Final route for Males.
- ➤ The finals scoring will be the new IFSC Standard scoring system with 100 points being the top.
- ➤ The Scores are based on the number holds achieved. (Scoring is actually using the number of holds from the top achieved).
- > These routes will be scored with a WCC judge and Scorer and will be belayed by a WCC belayer.
- Women will climb their final route first, followed by the Male Climbers.

Format for Boulder:

- > 20 boulder problems will be available ranging from easy to hard.
- > You will have 4 hours to complete all your routes.
- ➤ **NO** isolation climb with your friends and give beta.
- Scoring will be self-scoring using the **Gravity bowl scoring system** Google Form.
- Scoring will be based on Zone Points (Zone 1 and then Zone 2) and Tops
- > You will need **fill out and submit the online scoresheet by 13:00** to be considered for the finals.
- ➤ The qualification routes are **numbered 1 to 20**, with 1 being the easiest and 20 being the hardest. Each route has a **designated score that increases with difficulty**, i.e. you will get more points for sending route 20 than for sending route 1.
- ➤ The **6 men and 6 women with the highest scores** in the qualification round will progress to the finals from any of the categories.

FINALS:

- > There will be **3 final problems** for Females and for Males.
- > Scores are numerical according to the IFSC scoring system. The value is calculated according to:
 - 25 points for a top;
 - 10 point for the second zone (high zone);
 - 5 point for the fist zone (low zone) and,
 - o 0.1 will be deducted for each attempt.
- > All final problems will be judged by an WCC judge and scorer.
- ➤ All Female finalists will climb problem 1 consecutively and the n they will all move to problem 2. Climber one goes and completes their first attempt, falls then climber 2 starts their first attempt etc.
- > Each boulder will have a **time limit of 20 minutes**.
- > The competitor must establish on the starting holds of each problem before commencing their attempt.
- > The attempt will be considered started the moment both feet leave the floor and will be deemed completed when the climber has topped the problem or fallen.
- ➤ No score shall be awarded for a "touched" hold. A zone hold must be used by the climber in order to maintain a stable position. Only use of hands on the zone hold are valid for a zone point.

3. After Party

There will be beer and boeries available at Bloc11 Diep River.

Please signup for the competition so we can cater to ensure all climbers are able to purchase beer and boeries.

Come and enjoy the climbing and then the party afterwards.

6. Costs and payment

Fee for 2024 Intervarsity / Legends Competition

R300.00 (If you climb both days it is still R300)

You will need to signup as a Western Cape Climbing recreational member to be able to climb – ITS FREE!!

Snapscan payment link is:

https://pos.snapscan.io/gr/wcc_comp

To become a WCC Recreational member please register using this link – it is FREE.

WCC **Membership registration** link is

http://bit.ly/wcc-join

select a recreational membership.

9. Contact details

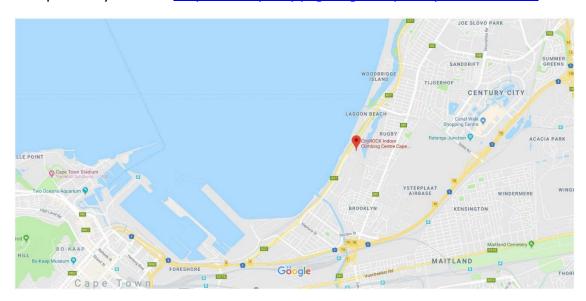
Rolf Fitschen – WCC President 083 414 1819 president@westerncapeclimbing.co.za

Geoffrey Meyer – WCC Secretary 082 882 8281 secretary@westerncapeclimbing.co.za

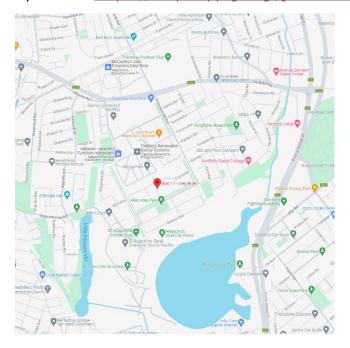
Chris Naude – WCC Technical 063 538 4516 chris@westerncapeclimbing.co.za

11. Attachments

❖ Map to CityROCK - https://maps.app.goo.gl/ekg2ACg7vZTDUaAd7



❖ Map to Bloc11 Diep River - https://maps.app.goo.gl/jB14K7VH3gcKhFpY7



LEGAL DISCLAIMER: All climbing related activities are always completely at your own risk. The organizers, WCC, SANCF, the sponsors and venue owners accept no responsibility for any losses, injury or death. All participating climbers, helpers, organizers and spectators take full responsibility for themselves. There is no substitute for experience, training, common sense and a touch of caution.